

RYA TRAINING: Sailing boat courses



START YACHTING COURSE SYLLABUS

The Ideal Gift Experience

What a great idea! This 2-day course is just perfect for those who'd love to see just why sailing is so fantastic.

The primary aim of Start Yachting is to give people a fun weekend and it also provides a short introduction to sail cruising for novices. By the end of the course participants will have had a great time, take home cherished memories (and lots of great photos) and they will have experienced steering a yacht, sail handling, rope work and be aware of safety onboard.

Start Yachting costs just €350 (inc. IVA) - that's approximately £300 - and includes accommodation on board, a light lunch each day, mooring fees and a personal log book.

Students who have completed 'Start Yachting' would then be able to go on to gain their Competent Crew certificate, a perfectly achievable aim with a further three days (or two weekends) tuition with us.

SECTION 1: THE YACHT

- Basic knowledge of sea terms, parts of a boat, her rigging and sails

SECTION 2: ROPEWORK

- Ability to tie the following knots: figure of eight, round turn and two half hitches, bowline
- Securing a rope to a cleat
- Use of winches and jamming cleats

SECTION 3: UNDERWAY

- Has experienced sailing a yacht on all points of sail
- Can steer a yacht under sail or power

SECTION 4: RULES OF THE ROAD

- Can keep an efficient lookout at sea

SECTION 5: METEOROLOGY

- Knows where to obtain a weather forecast

SECTION 6: MAN OVERBOARD RECOVERY

- Understands the action to be taken to recover a man overboard

SECTION 7: CLOTHING AND EQUIPMENT

- Understands and complies with the rules for the wearing of safety harnesses, lifejackets and personal buoyancy aids

SECTION 8: EMERGENCY EQUIPMENT & PRECAUTIONS

- Is aware of hazards on board a yacht
- Knows the action to be taken in the event of an emergency